

Course Outline of Record

1. Course Code: PSY-029
2. a. Long Course Title: Abnormal Psychology
 b. Short Course Title: ABNORMAL PSYCHOLOGY
3. a. Catalog Course Description:
 This course is an examination of various categories of abnormal behaviors and psychopathology from current perspectives including socio-cultural, psychodynamic, cognitive, behavioral and biological. Topics will include assessments, diagnostic practices, interventions and therapies. Students will also learn the role of the Diagnostic and Statistical Manual V (current edition) in psychology.
 b. Class Schedule Course Description:
 This course is an examination of various categories of abnormal behaviors and psychopathology from current perspectives including socio-cultural, psychodynamic, cognitive, behavioral and biological.
 c. Semester Cycle (if applicable): Fall
 d. Name of Approved Program(s):
 • PSYCHOLOGY Associate in Arts for Transfer Degree (AA-T)
4. Total Units: 3.00 Total Semester Hrs: 54.00
 Lecture Units: 3 Semester Lecture Hrs: 54.00
 Lab Units: 0 Semester Lab Hrs: 0
 Class Size Maximum: 50 Allow Audit: No
 Repeatability No Repeats Allowed
 Justification 0
5. Prerequisite or Corequisite Courses or Advisories:
Course with requisite(s) and/or advisory is required to complete Content Review Matrix (CCForm1-A)
 Advisory: ENG 001A
6. Textbooks, Required Reading or Software: (List in APA or MLA format.)
 a. Comer, R. J. (2016). Fundamentals of Abnormal psychology (8th/e). New York worth. ISBN: 9781464176975
 College Level: Yes
 Flesch-Kincaid reading level: 12.8
7. Entrance Skills: *Before entering the course students must be able:*
Advisory Skills:

a.

Understand how readers' experiences influence the reading of texts.

- ENG 001A - Understand how readers' experiences influence the reading of texts.

b.

Develop ideas coherently in writing through the drafting process.

- ENG 001A - Develop ideas coherently in writing through the drafting process.

c.

Participate in the process of developing texts in collaborative and individual settings.

- ENG 001A - Participate in the process of developing texts in collaborative and individual settings.

d.

PSY 029-Abnormal Psychology

Write thesis statements, topic sentences, and ideas in an organized way in multi-page essays.

- ENG 001A - Write thesis statements, topic sentences, and ideas in an organized way in multi-page essays.

8. Course Content and Scope:

Lecture:

- 1) Psychopathology and Mental Disorders: Historical, Cultural, Social, Scientific, and Ethical Considerations
- 2) Issues in classification and diagnosis
 - a) DSM-V (or current edition)
- 3) Introduction to Clinical Assessment Procedures
- 4) Research Methodology in Psychopathology
 - a) Descriptive, epidemiological, experimental and single-subject research designs
- 5) Theories and Paradigms in Psychopathology
 - a) Biological paradigm
 - b) Psychodynamic paradigm
 - c) Humanistic and existential paradigm
 - d) Behavioral/learning paradigm
 - e) Cognitive paradigm
- 6) Psychological Disorders (characteristics, etiology, and treatment):
 - a) Anxiety disorders
 - b) Somatoform and Dissociative Disorders
 - c) Mood Disorders
 - d) Schizophrenia
 - e) Substance-related Disorders
 - f) Personality Disorders
 - g) Sexual Dysfunctions and Gender Identity Disorders
 - h) Disorders of Childhood and Adolescence
 - i) Eating Disorders
- 7) Outcomes and Issues of Psychological Intervention

Lab: (if the "Lab Hours" is greater than zero this is required)

9. Course Student Learning Outcomes:

1. Describe the main symptoms of the mental health disorder clusters.

2.

Identify current perspectives and modalities used in the treatment of mental health disorders and disturbances.

3.

Describe the role in assessment and diagnostic processes of the current version of the Diagnostic and Statistical Manual.

10. Course Objectives: *Upon completion of this course, students will be able to:*

- a. Define abnormal behavior and explain the rationale behind it.
- b. Identify procedures used to assess, evaluate, and diagnose abnormal behavior.
- c. Compare, contrast, and integrate the various perspectives' explanation of abnormal behavior.
- d. Discuss the role of psychological factors in the cause of stress and psychosomatic conditions.
- e. Describe the major symptoms of the principal clusters of mental disorders.
- f. Identify treatments for major mental disorders and compare their effectiveness.
- g. Describe efforts to prevent psychopathology and provide examples of prevention efforts.
- h. Define and use basic biological and psychological terminology to describe psychopathology and atypical behavior and mental processes.
- i. Compare and contrast the various theoretical perspectives on etiology and implications for treatment of various psychological disorders.
- j. Summarize the major disorder classifications and give concrete examples using appropriate diagnostic terminology (i.e.,

PSY 029-Abnormal Psychology

DSM).

k. Explain specific research methods and the ethical principles for the study and treatment of psychopathology.

11. Methods of Instruction: (*Integration: Elements should validate parallel course outline elements*)

a. Discussion

b. Lecture

Other Methods:

a. Lecture b. Video, Internet offerings c. Group discussions d. Guest lecturers

12. Assignments: (*List samples of specific activities/assignments students are expected to complete both in and outside of class.*)

In Class Hours: 54.00

Outside Class Hours: 108.00

a. In-class Assignments

1. Attend weekly class lectures and participate in class including group discussions
2. Read the text
3. View videos in class
4. Students may be asked to present in class to facilitate discussions of the textbook concepts.
5. Identify reports or presentations on discussed topic cited in the media and critically evaluate them.

b. Out-of-class Assignments

Media reviews of depiction of mental illness.
Prepare final paper.
Reading assignments.

13. Methods of Evaluating Student Progress: *The student will demonstrate proficiency by:*

- Written homework
- Term or research papers
- Group activity participation/observation
- True/false/multiple choice examinations
- Student participation/contribution
- Student preparation

14. Methods of Evaluating: Additional Assessment Information:

a. Essay b. Non-computational problem-solving – review of case studies c. Skill demonstration d. Examination – multiple choice and/or short answer

15. Need/Purpose/Rationale -- *All courses must meet one or more CCC missions.*

IGETC Area 4: Social and Behavioral Sciences

I: Psychology

CSU GE Area D: Social, Political, and Economic Institutions and Behavior, Historical

D9 - Psychology

PO-GE C2 - Social and Behavioral Sciences

Critique generalizations and popular opinion about human behavior and society, distinguishing opinion and values from scientific observations and study.

IO - Scientific Inquiry

Analyze quantitative and qualitative information to make decisions, judgments, and pose questions.

Recognize the utility of the scientific method and its application to real life situations and natural phenomena.

16. Comparable Transfer Course

University System Campus Course Number Course Title

Catalog Year

PSY 029-Abnormal Psychology

UC UC Irvine PSYCH 9C Psychological Fundamentals
CSU CSU Fresno
UC UC Irvine PSY BEH P11C requirement (Abnormal Psychology)

17. Special Materials and/or Equipment Required of Students:

18. Materials Fees: Required Material?

Material or Item	Cost Per Unit	Total Cost
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19. Provide Reasons for the Substantial Modifications or New Course:

Regular course update.

20. a. Cross-Listed Course (Enter Course Code): *N/A*
b. Replacement Course (Enter original Course Code): *N/A*

21. Grading Method (choose one): Letter Grade Only

22. MIS Course Data Elements

- a. Course Control Number [CB00]: CCC000507548
b. T.O.P. Code [CB03]: 200100.00 - Psychology, General
c. Credit Status [CB04]: D - Credit - Degree Applicable
d. Course Transfer Status [CB05]: A = Transfer to UC, CSU
e. Basic Skills Status [CB08]: 2N = Not basic skills course
f. Vocational Status [CB09]: Not Occupational
g. Course Classification [CB11]: Y - Credit Course
h. Special Class Status [CB13]: N - Not Special
i. Course CAN Code [CB14]: *N/A*
j. Course Prior to College Level [CB21]: Y = Not Applicable
k. Course Noncredit Category [CB22]: Y - Not Applicable
l. Funding Agency Category [CB23]: Y = Not Applicable
m. Program Status [CB24]: 1 = Program Applicable

Name of Approved Program (if program-applicable): PSYCHOLOGY

Attach listings of Degree and/or Certificate Programs showing this course as a required or a restricted elective.)

23. Enrollment - Estimate Enrollment

First Year: 30

Third Year: 50

24. Resources - Faculty - Discipline and Other Qualifications:

- a. Sufficient Faculty Resources: Yes
b. If No, list number of FTE needed to offer this course: *N/A*

25. Additional Equipment and/or Supplies Needed and Source of Funding.

N/A

26. Additional Construction or Modification of Existing Classroom Space Needed. (Explain:)

N/A

27. FOR NEW OR SUBSTANTIALLY MODIFIED COURSES

Library and/or Learning Resources Present in the Collection are Sufficient to Meet the Need of the Students Enrolled in the Course: Yes

28. Originator Chris Jones Origination Date 03/13/18
