

Course Outline of Record

1. Course Code: PSY-001
2.
 - a. Long Course Title: General Psychology
 - b. Short Course Title: GEN PSYCHOLOGY
3.
 - a. Catalog Course Description:

This course is an introduction to psychology and defines the principles and theories governing the scientific study of affect, behavior and cognition. Included are such topics as developmental psychology, states of consciousness, psychotropic agents, learning, memory, motivation, emotion, intelligence, personality, stress, and social psychology, psychotherapy, research methodology, and psychological disorders. This survey course offers a foundation and preparation for additional study in psychology and social sciences, for understanding self and others, and principles of psychology to apply to daily life.
 - b. Class Schedule Course Description:

This course is an introduction to psychology and defines the principles and theories governing the scientific study of affect, behavior and cognition, which include developmental psychology, states of consciousness, psychotropic agents, learning, memory, motivation, social psychology, and psychological disorders.
 - c. Semester Cycle (*if applicable*): N/A
 - d. Name of Approved Program(s):
 - **PSYCHOLOGY Associate in Arts for Transfer Degree (AA-T)**
4. Total Units: 3.00 Total Semester Hrs: 54.00
 Lecture Units: 3 Semester Lecture Hrs: 54.00
 Lab Units: 0 Semester Lab Hrs: 0
 Class Size Maximum: 50 Allow Audit: No
 Repeatability No Repeats Allowed
 Justification 0
5. Prerequisite or Corequisite Courses or Advisories:

Course with requisite(s) and/or advisory is required to complete Content Review Matrix (CCForm1-A)

 Advisory: ENG 061
6. Textbooks, Required Reading or Software: (*List in APA or MLA format.*)
 - a. Hockenbury & Hockenbury (2013). *Discovering Psychology* (6th/e). New York, NY Worth.
 College Level: Yes
 Flesch-Kincaid reading level: 12
7. Entrance Skills: *Before entering the course students must be able:*
 - a. Employ basic vocabulary and style.
 - ENG 061 - Use theses to organize paragraphs into coherent analyses.
 - ENG 061 - Demonstrate the ability to think critically and express ideas using various patterns of development.
 - ENG 061 - Recognize features of style such as purpose, audience and tone integrate these elements into academic and professional writing.
 - ENG 061 - Demonstrate the ability to use research skills including library resources such as books, periodicals, electronic databases and online resources such as the internet.
 - ENG 061 - Demonstrate the ability to read and respond in writing beyond the literal interpretation of the text.
8. Course Content and Scope:

Lecture:

- a. Perspectives in psychology
- b. Research methods
- c. Sensation and perception
- d. Variations in consciousness
- e. Learning
- f. Memory
- g. Motivation and emotion
- h. Cognitive Process and Intelligence
- i. Theories of personality
- j. Health and coping with stress
- k. Psychological disorders and therapies
- l. Social Psychology

Lab: (if the "Lab Hours" is greater than zero this is required)

9. Course Student Learning Outcomes:

1. Recognize/identify the major theories, concepts and perspectives in the field of psychology. (knowledge base of psychology)
2. Distinguish between general research strategies and identify advantages and disadvantages of each. (research methods)
3. Apply psychological theories, concepts and values to demonstrate awareness of self and others. (knowledge, application, values, personal development, critical thinking)

10. Course Objectives: *Upon completion of this course, students will be able to:*

- a. Demonstrate an awareness of basic scientific research methods including; principles of scientific research, ethical guidelines, observational, correlation, and experimental methods.
- b. Apply introductory-level understanding of biological-basis of psychological behavior such as brain and nervous system, sensation and perception, variations of consciousness, learning and memory.
- c. Demonstrate a basic knowledge of lifespan development including relevant topics such as developmental stages and related as appropriate tasks and behaviors.
- d. Display a level of understanding of relevant psychological health topics such as disorders, stress and coping, and psychotherapies.
- e. Demonstrate an introductory level of understanding of the dynamics of human interactions including: social cognition, attitudes, attributions, and group behaviors.

11. Methods of Instruction: (*Integration: Elements should validate parallel course outline elements*)

- a. Activity
- b. Discussion
- c. Distance Education
- d. Lecture

12. Assignments: (*List samples of specific activities/assignments students are expected to complete both in and outside of class.*)

In Class Hours: 54.00

Outside Class Hours: 108.00

a. In-class Assignments

1. Attend lectures by instructor and occasional guest speakers, including the taking of detailed notes thereon, when available.
2. Viewing of films and video presentations, including the taking of notes thereon, when available.
3. Listening to sound recordings and taking notes thereon, when available.
4. Special reports by students, in panel or singly.
5. Participation in class research projects involving the collection, compilation and interpretation of data, including the composition of written or oral reports thereon.
6. Examinations of various types, such as essay and multiple choice.

b. Out-of-class Assignments

1. Readings in the textbook and in recommended supplementary literature.
2. Research projects involving the collection, compilation and interpretation of data, including the composition of written or oral reports thereon.

13. Methods of Evaluating Student Progress: *The student will demonstrate proficiency by:*

14. Methods of Evaluating: Additional Assessment Information:

- a. Essay
- b. Non-computational Problem-solving
- c. Multiple Choice
- d. Other (true/false; matching; fill-in)

15. Need/Purpose/Rationale -- *All courses must meet one or more CCC missions.*

IGETC Area 4: Social and Behavioral Sciences

I: Psychology

CSU GE Area D: Social, Political, and Economic Institutions and Behavior, Historical

D9 - Psychology

PO-GE C2 - Social and Behavioral Sciences

Identify and analyze key concepts and theories about human and/or societal development.

Critique generalizations and popular opinion about human behavior and society, distinguishing opinion and values from scientific observations and study.

Understand and think critically about different cultures (including topics such as race, gender, and class) and their influence on human development or society.

Examine the biological, psychological, and sociological factors that influence the personalities and behaviors of females and males from a multicultural perspective.

Develop individual responsibility, personal integrity, and respect for diverse people and culture.

16. Comparable Transfer Course

University System	Campus	Course Number	Course Title	Catalog Year
-------------------	--------	---------------	--------------	--------------

17. Special Materials and/or Equipment Required of Students:

18. Materials Fees: Required Material?

Material or Item	Cost Per Unit	Total Cost
------------------	---------------	------------

19. Provide Reasons for the Substantial Modifications or New Course:

Remove/revise English advisory.

- a. Cross-Listed Course (*Enter Course Code*): *N/A*
- b. Replacement Course (*Enter original Course Code*): *N/A*

21. Grading Method (*choose one*): Letter Grade Only

22. MIS Course Data Elements

- a. Course Control Number [CB00]: CCC000239675
- b. T.O.P. Code [CB03]: 200100.00 - Psychology, General
- c. Credit Status [CB04]: D - Credit - Degree Applicable
- d. Course Transfer Status [CB05]: A = Transfer to UC, CSU
- e. Basic Skills Status [CB08]: 2N = Not basic skills course
- f. Vocational Status [CB09]: Not Occupational
- g. Course Classification [CB11]: Y - Credit Course
- h. Special Class Status [CB13]: N - Not Special

PSY 001-General Psychology

- i. Course CAN Code [CB14]: N/A
- j. Course Prior to College Level [CB21]: Y = Not Applicable
- k. Course Noncredit Category [CB22]: Y - Not Applicable
- l. Funding Agency Category [CB23]: Y = Not Applicable
- m. Program Status [CB24]: 1 = Program Applicable

Name of Approved Program (if program-applicable): PSYCHOLOGY

Attach listings of Degree and/or Certificate Programs showing this course as a required or a restricted elective.)

23. Enrollment - Estimate Enrollment

First Year: 0

Third Year: 0

24. Resources - Faculty - Discipline and Other Qualifications:

a. Sufficient Faculty Resources: Yes

b. If No, list number of FTE needed to offer this course: N/A

25. Additional Equipment and/or Supplies Needed and Source of Funding.

N/A

26. Additional Construction or Modification of Existing Classroom Space Needed. (Explain:)

N/A

27. FOR NEW OR SUBSTANTIALLY MODIFIED COURSES

Library and/or Learning Resources Present in the Collection are Sufficient to Meet the Need of the Students Enrolled in the Course: Yes

28. Originator Chris Jones Origination Date 10/26/17