

N 001: BASIC CONCEPTS IN NURSING PRACTICE

Originator

sfry

Co-Contributor(s)**Name(s)**

Kinsey, Lisa

Justification / Rationale

Materials fee change

Effective Term

Fall 2019

Credit Status

Credit - Degree Applicable

Subject

N - Nursing

Course Number

001

Full Course Title

Basic Concepts in Nursing Practice

Short Title

BASIC CONCEPTS NSG

Discipline**Disciplines List**

Nursing

Modality

Face-to-Face

Catalog Description

This course introduces students to the organizing framework of the program and to the nursing process. The focus is on optimum wellness. Basic care concepts and skills common to promoting, maintaining or restoring health are presented in the classroom and practiced in college and clinical laboratories. Care is focused on the needs of medical, surgical and geriatric clients. A materials fee of \$80.00 - \$120.00 is required for this course to cover lab learning activities.

Schedule Description

This course introduces students to the organizing framework of the program and to the nursing process. A materials fee of \$80.00- \$120.00 is required for this course to cover lab learning activities. Prerequisite: Acceptance to the Registered Nursing Program.

Lecture Units

4

Lecture Semester Hours

72

Lab Units

4

Lab Semester Hours

216

In-class Hours

288

Out-of-class Hours

144

Total Course Units

8

Total Semester Hours

432

Limitation on Enrollment

Acceptance to Registered Nursing program

Required Text and Other Instructional Materials**Resource Type**

Book

Open Educational Resource

No

Formatting Style

APA

Author

Wilson, B., Shannon, M., Shields, K.

Title

Pearson Nurses's Drug Guide

Edition

2019

City

Upper Saddle River

Publisher

Pearson

Year

2018

College Level

Yes

Flesch-Kincaid Level

26

ISBN #

9780135204856

Resource Type

Book

Open Educational Resource

No

Formatting Style

APA

Author

Cherry, B., Jacob, S.

Title

Contemporary Nursing: Issues, Trends, Management

Edition

7th

Publisher

Elsevier

Year

2017

College Level

Yes

Flesch-Kincaid Level

12

ISBN #

9780323390224

Resource Type

Book

Open Educational Resource

No

Formatting Style

APA

Author

Dudek, S

Title

Nutrition Essentials for Nursing Practice

Edition

8th

City

Philadelphia

Publisher

Wolters Kluwer Health Lippincott Williams Wilkins

Year

2017

College Level

Yes

Flesch-Kincaid Level

17.8

ISBN #

9781496356109

Resource Type

Book

Open Educational Resource

No

Formatting Style

APA

Author

Mullholland, J., Turner, S.

Title

The Nurse, The Math, The Meds

Edition

4th

City

St. Louis

Publisher

Elsevier

Year

2018

College Level

Yes

Flesch-Kincaid Level

11

ISBN #

9780323479509

Resource Type

Book

Open Educational Resource

No

Formatting Style

APA

Author

Clayton, B., Willihnganz, M.

Title

Basic Pharmacology for Nurses

Edition

18th

City

St. Louis

Publisher

Elsevier

Year

2019

College Level

Yes

Flesch-Kincaid Level

12

ISBN #

9780323550611

Resource Type

Book

Open Educational Resource

No

Formatting Style

APA

Author

Smith, Sandra F., Duell, D., et. al

Title

Clinical Nursing Skills

Edition

9th

City

Stanford, CT

Publisher

Pearson

Year

2017

College Level

Yes

Flesch-Kincaid Level

12

ISBN #

9780134087924

Resource Type

Book

Open Educational Resource

No

Formatting Style

APA

Author

Berman, A., Snyder, S., Frandsen, G.

Title

Kozier Erbs Fundamentals of Nursing: Concepts, Process Practice

Edition

10th

Publisher

Pearson

Year

2016

College Level

Yes

Flesch-Kincaid Level

12

ISBN #

9780133974362

Resource Type

Book

Open Educational Resource

No

Formatting Style

APA

Author

Osborn, K., Wraa, C. Watson, A., et al.

Title

Medical Surgical Nursing Preparation for Practice

Edition

2nd

City

Upper Saddle River

Publisher

Pearson

Year

2014

College Level

Yes

Flesch-Kincaid Level

10.6

ISBN #

9780132706698

Resource Type

Book

Open Educational Resource

No

Formatting Style

APA

Author

Pagana, K., Pagana, T

Title

Mosby's Manual of Diagnostic Laboratory Tests

Edition

5th

Publisher

Elsevier

Year

2013

College Level

Yes

Flesch-Kincaid Level

12.21

ISBN #

978032308949

For Text greater than five years old, list rationale:

Manual/reference book on lab and diagnostic tests, not varied enough for frequent editions.

Class Size Maximum

30

Course Content

1. INTRODUCTION TO NURSING
 - a. The Client
 - b. Introduction to Communication
 - c. Creating an Optimum Environment
 - d. The Concept of Optimum Wellness
 - e. The Nurse
 - f. The Health care setting
 - g. Documentation and Reporting
2. THE NURSING PROCESS
 - a. Critical Thinking
 - b. Assessment/Data Collection
 - c. Physical Assessment
 - d. Creating a NANDA Diagnosis
 - e. Planning Care
 - f. Implementation
 - g. Evaluation of Outcomes
 - h. Health Teaching
3. PROMOTING WELLNESS IN THE CLIENT WITH COMMON ALTERATIONS IN HEALTH
 - a. Promoting Health with Pharmacological Agents
 - b. The Client Experiencing Alterations in Comfort
 - c. The Client Experiencing Alterations in Skin
 - d. The Client Experiencing Alterations in Mobility
 - e. The Client in the Perioperative Experience
4. THE OLDER ADULT AND LIFESPAN CONCEPTS: MAINTAINING OPTIMAL WELLNESS THROUGH BASIC CARE

- a. Overview of Lifespan Concepts in Nursing
 - b. Identifying Lifespan Concepts in the Care of the Middle and Older Client
 - c. Introduction to Assessment of the Older Adult
 - d. Nutrition and Hydration
 - e. Urinary Elimination
 - f. Oxygenation
5. CARING FOR THE CLIENT WITH COMMON ALTERATIONS IN HEALTH
- a. The Client Experiencing Alterations in Sensation, Vision and Hearing
 - b. Rest, Sleep, Sensory and Perceptual
 - c. Bowel Elimination
 - d. The Client Experiencing Alterations in Gastrointestinal Function
6. PROMOTING A THERAPEUTIC PSYCHOSOCIAL ENVIRONMENT
- a. Contemporary Health Care Issues of the Client and the Nurse
 - b. End of Life Care, Application to Nursing
 - c. Stress and Coping
 - d. Health Beliefs and Practices

Lab Content

The clinical experience has been developed to assure that each student will have the opportunity to develop advancing competencies in the clinical setting.

Course Objectives

	Objectives
Objective 1	Recognize and apply elementary principles of therapeutic communication in health care team and nurse-client interactions. (COMMUNICATION)
Objective 2	Define the concepts of critical thinking, recognize and express the behavior of the professional nurse; give safe, basic nursing care to selected clients. (NURSING ROLE)
Objective 3	Identify principles of pharmacology and safely administers medication to clients in the clinical setting. (PHARMACOLOGY)
Objective 4	Identify and differentiate the components of nutritional assessment in the care of clients with emphasis on the older adult. (NUTRITION)
Objective 5	Identify and describe cultural variations and their implications for nursing care. (CULTURAL AWARENESS)
Objective 6	Identify community resources that could support the management of the needs of clients with emphasis on the older adult. (COMMUNITY AWARENESS)
Objective 7	Identify and utilize concepts of safe client care with emphasis on the older adult. (SAFETY)
Objective 8	Identify principles of health teaching. Recognize their use in caring for older adults. (HEALTH TEACHING)
Objective 9	Explain the basic concepts of growth and development across the life span, with emphasis on the older adult (LIFESPAN)
Objective 10	Perform specific psychomotor skills satisfactorily, stating rationale. (PSYCHOMOTOR SKILLS)

Student Learning Outcomes

	Upon satisfactory completion of this course, students will be able to:
Outcome 1	Demonstrate the knowledge, skills, and attitudes to promote optimal wellness by establishing a nurse-patient relationship using the nursing process as a framework to provide evidence based patient-centered care.
Outcome 2	Demonstrate competency in the provision of basic care quality and safety, using beginning concepts of critical thinking, to provide care for clients with a focus on the adult and geriatric populations.

Methods of Instruction

Method	Please provide a description or examples of how each instructional method will be used in this course.
Collaborative/Team Participation	Small group assignments, pair and share simulation, case studies, reading assignments
Lecture	large group discussion,
Laboratory	demonstration of skills, clinical patient care

Discussion	small and large group
Demonstration, Repetition/Practice	Demonstration/Return demonstration

Methods of Evaluation

Method	Please provide a description or examples of how each evaluation method will be used in this course.	Type of Assignment
Written homework	clinical patient care plans	Out of Class Only
Behavior assessment	clinical evaluation tool with self assessment and teacher assessments	In and Out of Class
Oral and practical examination	skills validation (check offs)	In Class Only
Student participation/contribution	student self assessment	Out of Class Only
Mid-term and final evaluations	written examinations MC, SATA, Hot spot, etc.	In Class Only
Tests/Quizzes/Examinations	written quizzes, dosage calculations	In Class Only
Term or research papers	Research paper w/ rubric	Out of Class Only
Computational/problem-solving evaluations	dosage calculations	In and Out of Class
Field/physical activity observations	clinical patient care	In Class Only
Laboratory projects	community based project presentation	Out of Class Only
Guided/unguided journals	reflection papers	Out of Class Only

Assignments
Other In-class Assignments

1. Participate in class/lab
2. View videos for information for information and skill demonstration
3. Practice procedures in the laboratory setting
4. Participate in group discussion, group work and critical thinking exercises
5. clinical practice

Other Out-of-class Assignments

1. Complete reading assignments
2. Complete worksheets/ Care Plans
3. Complete community survey
4. Completion of assigned computer programs
5. Complete case studies as assigned
6. Students should anticipate at least 2 hours of study time required for each hour of class in order to adequately prepare for class and to prepare for exams.

Grade Methods

Letter Grade Only

MIS Course Data
CIP Code

51.3801 - Registered Nursing/Registered Nurse.

TOP Code

123010 - Registered Nursing

SAM Code

C - Clearly Occupational

Basic Skills Status

Not Basic Skills

Prior College Level

Not applicable

Cooperative Work Experience

Not a Coop Course

Course Classification Status

Credit Course

Approved Special Class

Not special class

Noncredit Category

Not Applicable, Credit Course

Funding Agency Category

Not Applicable

Program Status

Program Applicable

Transfer Status

Transferable to CSU only

Allow Audit

No

Repeatability

No

Materials Fee

Yes

Total Material Fees

80.00-120.00

Itemized Material Fee List

Cost Per Item	Total Cost	Fee Description
80.00-120.00	80.00-120.00	RN1 Skills Kit

Per Education Code section 76365 and Title 5 regulations, please describe how the required material(s) meets the following.

Required Material Description

This course requires students to simulate real clinical activities that have been taught, in preparation for actual patient care as part of the course agreement.

Tangible personal property?

Yes. The materials listed below, as part of the learning process and in their entirety, are the student's tangible personal property.

Owned or controlled by the student?

Yes. The completed practice equipment materials are owned and controlled by the student. They have value after the class is completed because the students continue to utilize them both throughout the semester and in subsequent semester in the Skills Laboratory as they reinforce and are tested on their advancing proficiency.

Solely available from the district?

Yes. By the district providing these materials it is less expensive for the student since the material is being purchased by the student at a bulk or discounted rate instead of normal retail prices.

Continuing value outside the classroom setting?

Yes. These completed listed materials and their accompanying verification of proficiency of use are of continuing value in that they form a record of lessons learned through the various stages of the course of instruction. When reviewed in combination with the other course assignments, they provide a valuable reference resource to the student. The material is neither consumed nor rendered valueless in the instruction process.

Additional Fees?

No

Approvals**Curriculum Committee Approval Date**

3/21/2019

Academic Senate Approval Date

3/28/2019

Board of Trustees Approval Date

5/17/2019

Course Control Number

CCC000241772

Programs referencing this courseRegistered Nursing AS Degree (<http://catalog.collegeofthedesert.eduundefined?key=72>)