

# KINE 301: ADVANCED FIRST AID AND SAFETY

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Date Submitted: Wed, 17 Jul 2019 18:08:01 GMT

**Originator**

mdillon

**Justification / Rationale**

Code alignment project recommendation: change SAM codes.

**Effective Term**

Spring 2020

**Credit Status**

Noncredit

**Subject**

KINE - Kinesiology

**Course Number**

301

**Full Course Title**

Advanced First Aid and Safety

**Short Title**

ADVANCED FIRST AID

**Discipline****Disciplines List**

Kinesiology

Vocational (short-term): Noncredit

**Modality**

Face-to-Face

**Catalog Description**

This advanced course involves the theory and detailed demonstration of the first aid care of the injured or suddenly ill. Students will learn to assess a victim's condition and develop the skills and knowledge in Advanced First Aid and Emergency care for infants, children and adults. The course content is in alignment with the American Heart Association. This course is the first part of a two course certificate to provide valuable retraining for employment opportunities.

**Schedule Description**

This advanced course involves the theory and detailed demonstration of the first aid care of the injured or suddenly ill. Students will learn to assess a victim's condition and develop the skills and knowledge in Advanced First Aid and Emergency care for infants, children and adults. The course content is in alignment with the American Heart Association. This course is the first part of a two course certificate to provide valuable retraining for employment opportunities. Students receive a Pass/No Pass grade mark. Limitation on Enrollment: The student should come into the class with past knowledge, skills, certification in first aid but do not need to be currently certified.

**Lecture Units**

0

**Lecture Semester Hours**

4

**Lab Units**

0

**In-class Hours**

4

**Out-of-class Hours**

8

**Total Course Units**

0

**Total Semester Hours**

12

**Required Text and Other Instructional Materials****Resource Type**

Book

**Author**

American Heart Association

**Title**

Heartsaver First Aid

**Publisher**

First American Heart Association

**Year**

2016

**ISBN #**

10-9781616694227

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**Class Size Maximum**

30

**Course Content**

The following content will be related to infants, children, adults and those with special needs.

1. Comprehend the general parameters of first aid
2. Describe the roles and responsibilities of an emergency responder
3. Emerging rescue moves and triage
4. Develop emergency action plans
5. Procedures for examining injured and applying first aid
  
6. Giving indicated first aid, victim assessment, splinting and bandaging
7. AHA guidelines and certification/recertification requirements
8. Knowledge of the Human Body Systems
9. Healthy Lifestyle and Safety
  
10. Advanced First Aid and Safety Case Scenarios

**Course Objectives**

	<b>Objectives</b>
Objective 1	Assess victims of injury and medical emergencies and apply emergency action plan emergencies.
Objective 2	Demonstrate the first aid care that is needed in common medical emergencies.
Objective 3	Demonstrate bandaging and splinting techniques.
Objective 4	Demonstrate emergency rescue moves.
Objective 5	Evaluate personal lifestyle for health and safety concerns and set goals for achieving a safe and healthy lifestyle.

**Student Learning Outcomes**

**Upon satisfactory completion of this course, students will be able to:**

Outcome 1 Recognize advanced first aid principles and demonstrate application of life saving techniques.

**Methods of Instruction**

Method	Please provide a description or examples of how each instructional method will be used in this course.
Individualized Study	Students will read from the required book and power point lectures on First Aid topics.
Discussion	In-class discussion on relevant First Aid topics and current research on best practices in the field of emergency responder care.
Collaborative/Team	Partner work on mannequins and each other to simulation care in emergency situations and how to apply the appropriate care.
Role Playing	Partner role playing with one victim and one responder where the responder applies the appropriate emergency care.
Participation	Active participation in-class in discussion and partner work.
Lecture	Current protocols and best-practices will be introduced in a lecture format to deliver the information.
Laboratory	Hands-on work with partner and mannequins to simulation emergency situations.

**Methods of Evaluation**

Method	Please provide a description or examples of how each evaluation method will be used in this course.	Type of Assignment
Group activity participation/observation	Skill scenarios will be practiced in-class and students tested on their ability to provide the correct care given a scenario that requires First Aid.	In Class Only
Tests/Quizzes/Examinations	Students will review textbook and online material prior to class and take a written exam on First Aid material.	Out of Class Only
Self-paced testing, Student preparation	Students are expected to have text book knowledge of splinting and wrapping, care for shock, and care for severe bleeding when they come to class.	Out of Class Only
Self-paced testing, Student preparation	Students will use the textbook and powerpoint resources to review all CPR and AED material and take practice quizzes online.	Out of Class Only

**Assignments**
**Other In-class Assignments**

1. Group discussion and evaluation of research
2. Skill Demonstration and Assessments
3. Advanced First Aid and Safety Case Studies

**Other Out-of-class Assignments**

1. Reading assignments
2. Multiple choice, TF testing

**Grade Methods**

Pass/No Pass Only

**MIS Course Data**
**CIP Code**

31.0101 - Parks, Recreation and Leisure Studies.

**TOP Code**

083610 - Recreation Assistant

**SAM Code**

B - Advanced Occupational

**Basic Skills Status**

Not Basic Skills

**Prior College Level**

Not applicable

**Cooperative Work Experience**

Not a Coop Course

**Course Classification Status**

Workforce Prep Enhanced Funding

**Approved Special Class**

Not special class

**Noncredit Category**

Workforce Preparation

**Funding Agency Category**

Not Applicable

**Program Status**

Program Applicable

**Transfer Status**

Not transferable

**Allow Audit**

No

**Repeatability**

Yes

**Repeatability Limit**

NC

**Repeat Type**

Noncredit

**Justification**

For first aid certification or recertification only.

**Materials Fee**

No

**Additional Fees?**

No

**Approvals****Curriculum Committee Approval Date**

03/21/2019

**Academic Senate Approval Date**

03/28/2019

**Board of Trustees Approval Date**

05/17/2019

**Chancellor's Office Approval Date**

07/15/2019

**Course Control Number**

CCC000607401

**Programs referencing this course**Advanced First Aid Safety, CPR/AED Certificate of Completion (<http://catalog.collegeofthedesert.eduundefined?key=182/>)